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# N.C. Department of Labor OSH Division

- *Laboratory Safety and Health*  
*29 CFR 1910.1450*

# Frankenstein's Lab, SIC 8731...



# Course Objectives

29 CFR 1910.1450

- Provide overview of the “Occupational exposure to hazardous chemicals in laboratories” (a.k.a. “The Lab Standard”)
- Enable CSHO to correctly cite lab standard by:
  - Defining laboratory use
  - Identifying the types of laboratories covered by the standard
  - Identifying exceptions (when to cite the other health standards in Subpart Z or the lab standard)
- Know what to look for in a lab by understanding the employer’s Chemical Hygiene Plan.
- Identify other “shall’s” of the lab standard



# Objective 1

## Correctly Cite the Lab Standard

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29 CFR 1910.1450(a)(1)

- **Scope and application**

- This section shall apply to all employers engaged in the **laboratory use** of hazardous chemicals.



# Scope and Application

29 CFR 1910.1450(a)

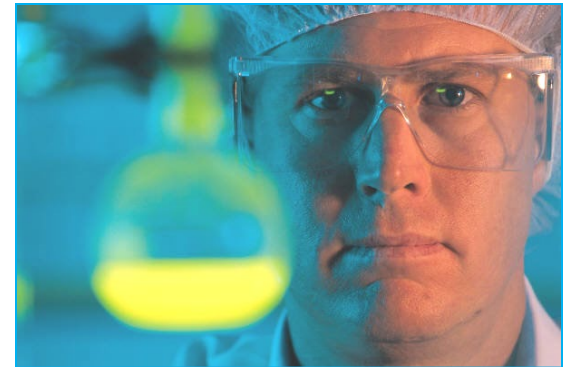
- **Exceptions to citing the lab standard**
- Supersedes all OSHA health standards in 29CFR 1910, Subpart Z, **except:**
  - Employee exposure shall not exceed PEL's already set by other standards
  - Prohibition of skin and eye contact set by other standards shall be observed
  - Where an action level is routinely exceeded for an OSHA regulated substance, the exposure monitoring and surveillance requirements paragraphs (d) and (g)(1)(i) of this section shall apply.



# Scope and Application

29 CFR 1910.1450(a)

- Does not apply to:
  - Use of hazardous chemicals which do not meet the definition of laboratory use
  - Lab use of hazardous chemicals having no potential for exposure, such as:
    - Chemically-impregnated test media
    - Commercially prepared kits such as those used to perform pregnancy testing



# Definitions

29 CFR 1910.1450(b)

- **Laboratory use**

- Handling or use of such chemicals in which ALL the following conditions are met:
  - » Chemical manipulations are carried out on a “laboratory scale”
  - » Multiple chemical procedures or chemicals are used
  - » The procedures involved are NOT part of a production process
  - » “Protective laboratory practices and equipment” are available and in common use



# Definitions

29 CFR 1910.1450(b)

- **Laboratory scale**

- Containers used for reactions, transfers, and other handling of substances are designed to be *easily and safely manipulated by one person.*

*(Excludes those workplaces whose function is to produce commercial quantities of materials.)*





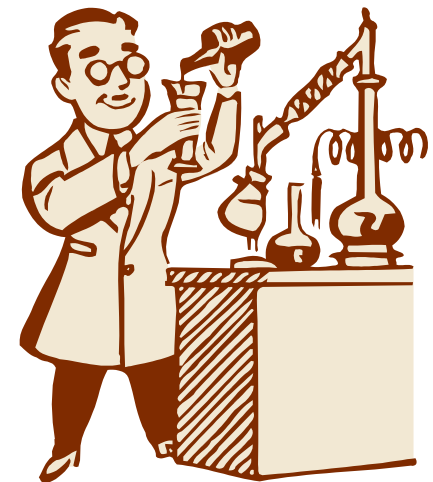


# Definitions

29 CFR 1910.1450(b)

## ● Laboratory

- A facility where the “*laboratory use* of hazardous chemicals” occurs.
- It is a workplace where *relatively small quantities* of hazardous chemicals are used on a *non-production basis*.





# Definitions

29 CFR 1910.1450(b)

- **Chemical hygiene officer**

- Employee designated by employer that has the training or experience to provide technical guidance in the development and implementation of the Chemical Hygiene Plan.
  - » Definition not intended to place limitations on the position description or job classification that the designated individual holds within the employer's organizational structure.





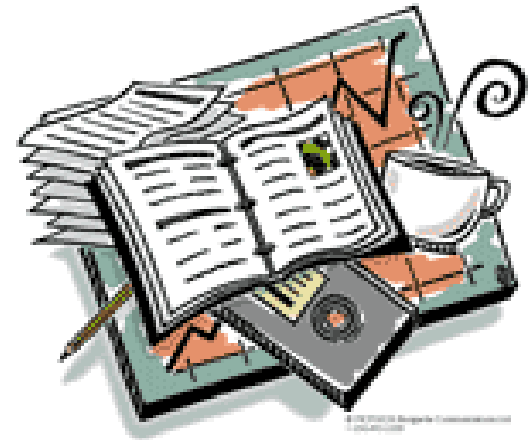
# Definitions

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29 CFR 1910.1450(b)

- **Chemical hygiene plan**

- Written program developed and implemented that sets forth procedures, equipment, personal protective equipment and work practices that protect employees from health hazards presented by hazardous chemicals used in the workplace





# Definitions

29 CFR 1910.1450(b)

## ● Hazardous chemical

- Chemical that has statistically significant evidence that acute or chronic health effects may occur in exposed employees.
- “Health hazard” includes carcinogens, toxic agents, reproductive toxins, irritants, corrosives, sensitizers, hepatotoxins, nephrotoxins, neurotoxins, agents which act on the hematopoietic systems, those that damage the lungs, skin, eyes, or mucous membranes.





# When are employees covered?

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- At least one employee doing analysis
- Laboratory use
- At least one chemical
- Must be a potential for employee exposure
  - Examples of conditions of no exposure
    - » Dip and read tests
    - » Commercially prepared kits



# The Formaldehyde Exception

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- The use of formaldehyde in **histology, pathology and anatomy labs** will remain under the formaldehyde standard, as directed by that standard.
- All other uses of formaldehyde will be covered by the lab standard.
  - Found in the Federal Register, Vol. 55, No. 21 Supplementary Information, Summary of Issues and Explanations of Provisions of the Final Standard, Paragraph (a) Scope and Application, Preemption by Other OSHA Health Standards.

# Does the lab standard apply?

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**Wastewater Lab**  
Yes



**QC Lab**  
No

# Does the lab standard apply?

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**R & D**  
Yes



**Physical Testing Lab**  
No





# Does the lab standard apply?

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**Computer Lab**  
No



**NASA Bio-Technology  
Lab**  
Yes

# Does the lab standard apply?

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**Physical Testing Lab**  
No



**Clandestine Lab**  
Yes

# Does the lab standard apply?

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**Medical Research**  
Yes



**Clandestine  
Methamphetamine Lab**  
Yes

# Does the lab standard apply?

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**Physician's Clinic Lab**  
No? Maybe Yes



**Water Treatment Labs**  
No



# Does the lab standard apply?



**NC Regional  
Response  
HazMat Team 4  
(RRT 4)**



**Yes!**

# Does the lab standard apply?



# PELs

29 CFR 1910.1450(c)

- For laboratory uses of OSHA regulated substances, the employer shall assure the employees' exposures to such substances do not exceed the permissible exposure limits specified in **29 CFR 1910, Subpart Z**.



# Employee Exposure Determination 29 CFR 1910.1450(d)

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- **Initial monitoring**

- Employer shall measure exposure for any chemical with a standard if there is reason to believe that exposure exceed, routinely, the action level or PEL

- **Periodic monitoring**

- If the initial monitoring show exposure over the action level or PEL, the employer shall comply with monitoring requirements of the relevant standard





# Employee Exposure Determination 29 CFR 1910.1450(d)

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- **Termination of monitoring**
  - Per the applicable standard
- **Employee notification of monitoring**
  - Within 15 working days of getting results, notify employees in writing individually or by posting in appropriate, accessible location



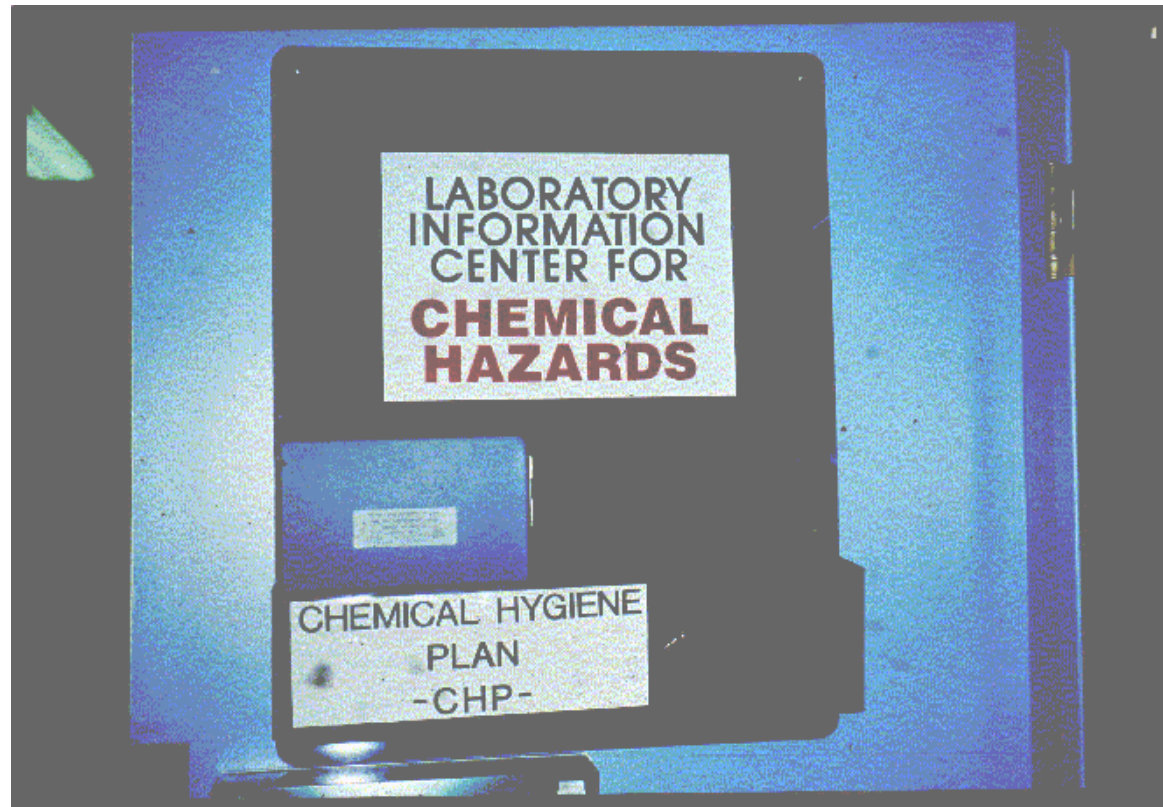


# Objective 2

## Chemical Hygiene Plan

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29 CFR 1910.1450(e)

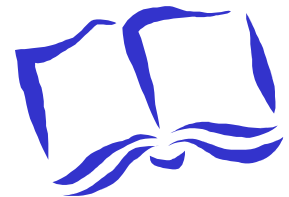


# Chemical Hygiene Plan 29 CFR 1910.1450(e)(1)-(2)

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- The employer shall develop and carry out provisions of a plan where hazardous chemicals are used in the workplace to:
  - Protect employees from health hazards, *and*
  - Keep exposures below PELs
- The Plan must be readily accessible to employees and others as defined

**Please note:** Non-mandatory Appendix A of the Lab Standard 1910.1450 provides guidance to assist employers in plan development.



# Chemical Hygiene Plan 29 CFR 1910.1450(e)(3)(i)

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- The plan **shall** include the following elements and **shall** indicate specific measures to ensure employee protection:
  - Standard Operating Procedures (SOPs) , Safe Work Practices (SWPs), or Standard Operating Guidelines (SOGs)
    - » Developed to ensure employees are protected from all potentially hazardous chemicals in use in their work area



# NCSU's Chemistry Department

## Chemical explosion





# SOP's = Chemical Explosion



# Chemical Explosion



# How can the employer ensure safety and health through SOPs?

- The employer must write in the SOP/SWP what the procedure is, how to perform the procedure (what materials are needed), what reagents are used, what reactions will take place, (all from a safety perspective)
  - What PPE is required
  - How to order the chemical
  - How to store and dispose of the chemicals

CHEMICAL HYGIENE PLAN  
FOR  
\_\_\_\_\_  
(Company Name)

The general intent of the chemical hygiene plan for \_\_\_\_\_ (insert company name) is:

1. To protect laboratory employees from health hazards associated with the use of hazardous chemicals in our laboratory.
2. To assure that our laboratory employees are not exposed to substances in excess of the permissible exposure limits as defined by OSHA in 29 CFR 1910 Subpart Z.

The plan will be available to all employees for review and a copy will be located in the following area:

This plan will be reviewed annually by \_\_\_\_\_ (insert name or position), and updated as necessary.

\_\_\_\_\_ (insert name) is designated as the Chemical Hygiene Officer (CHO). (See sections VI and VII for details.)

1. STANDARD OPERATING PROCEDURES to be followed in the laboratory relevant to safety and health when using chemicals.

(These are general procedures of laboratory operation which you likely already have in effect. Section E of Appendix A or 1910.1450 list the following conditions.)

- A. Accidents, spills;
- B. Avoidance of routine exposure;
- C. Choice of chemicals;
- D. Eating, drinking, smoking, etc.;
- E. Equipment and glassware;
- F. Drying;
- G. Housekeeping.

CSB 06/21/05 Rev 1 2





# Chemical Hygiene Plan

## Control Measures

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29 CFR 1910.1450(e)(3)(ii)

- Criteria that will be used to determine and implement control measures to reduce employee exposure to hazardous chemicals including:
  - Engineering controls
  - PPE and hygiene practices
  - Control measures for chemicals that are known to be extremely hazardous



# Chemical Hygiene Plan

## Control Measures

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29 CFR 1910.1450(e)(3)(ii)

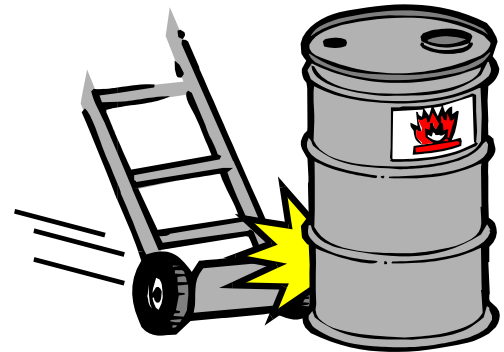
- Criteria that will be used to determine and implement control measures to reduce employee exposure to hazardous chemicals including:
  - Engineering controls
  - PPE and hygiene practices
  - Control measures for chemicals that are known to be extremely hazardous



# Examples of Engineering Controls

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- How often are fume hoods inspected?
- Who certifies the hoods?
- What if the hood doesn't pass inspection?
- Are there BSC's (biological safety cabinets)?
- Eyewash and safety shower inspections?
- Fire extinguisher inspections?
- Chemical stockrooms/ storerooms?
- Ventilated storage cabinets?
- Power failure controls?
- What happens to the exhausted air from BSC's, isolation rooms, stockrooms, etc?....



# Examples of Engineering Controls

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- Laboratory ventilation
  - Facility's heating and air conditioning system
  - Fume hoods (are NOT biological safety cabinets!!)
- Transport of chemicals
- Flammable storage
- Sharps use?





# Engineering Controls

## Laboratory Ventilation

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- Types of laboratory hoods
  - Enclosure hoods
    - » Exhaust hoods with HEPA filters (ex. For use with asbestos)
    - » Perchloric acid hoods
    - » Walk-in hoods
- Capturing type hoods
  - Slot vents
- Flex ducts
- Glove box





# Engineering Controls

## Laboratory Ventilation

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**Good Flow**

**Bad Flow**





# Engineering Controls

## Laboratory Ventilation

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### ● Perchloric acid hoods

- Constructed of stainless steel
- Have water rinse-down (wash-down) capabilities plumbed into them to remove perchloric acid or perchlorates from the duct work.
- Exhaust passes through a water-scrubber on the roof to remove acid vapors







# Engineering Controls

## Transport of Chemicals

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**Move without a cart**

**Move with a cart**







# Engineering Controls

## Transport of Chemicals

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Transport in hallways, etc.



# Engineering Controls

## Flammable Storage

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# Engineering Controls

## Flammable Storage

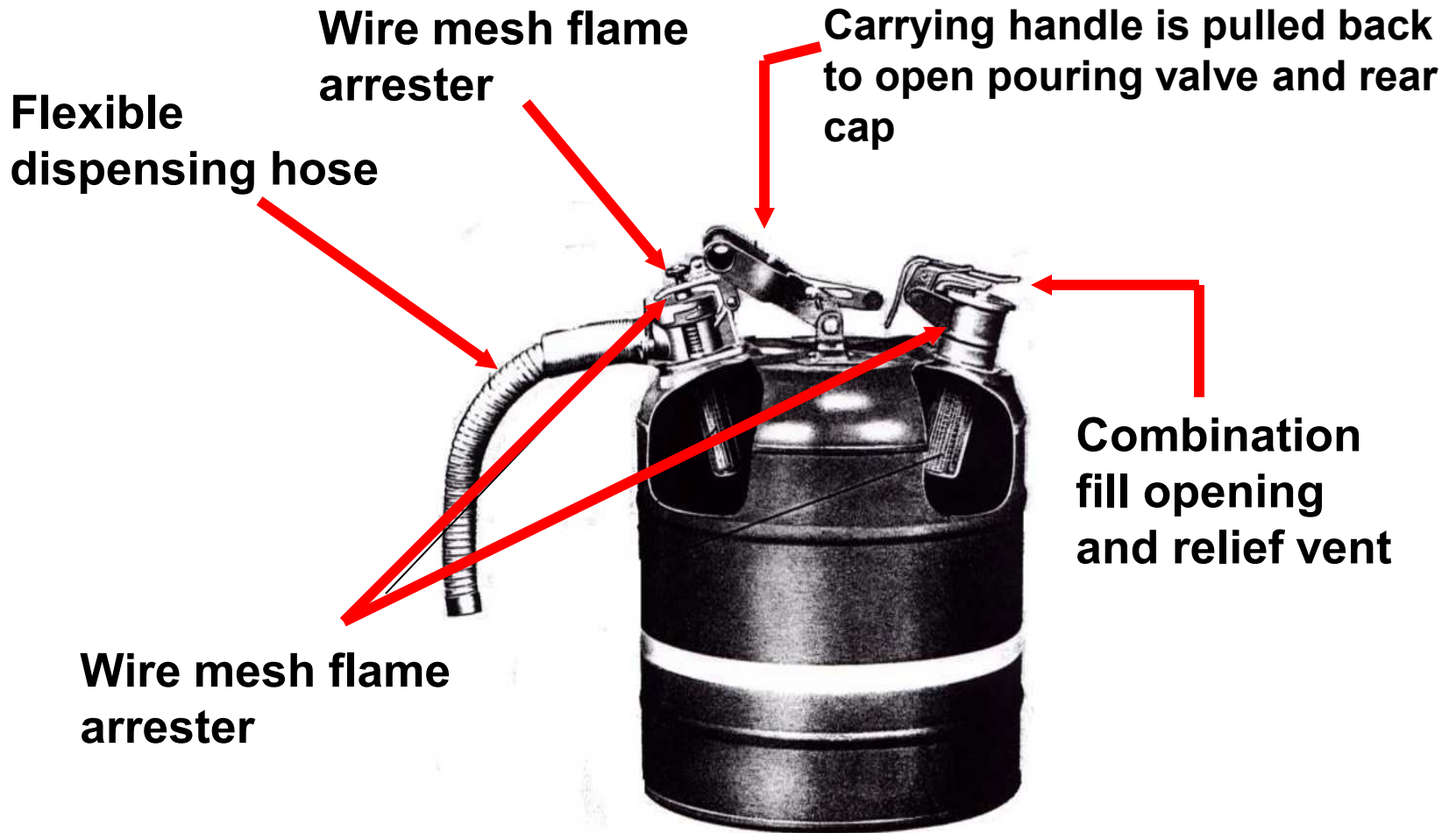
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# Engineering Controls

## Flammable Storage

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# Engineering Controls

## Flammable Storage

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Flammable/explosion proof refrigerators



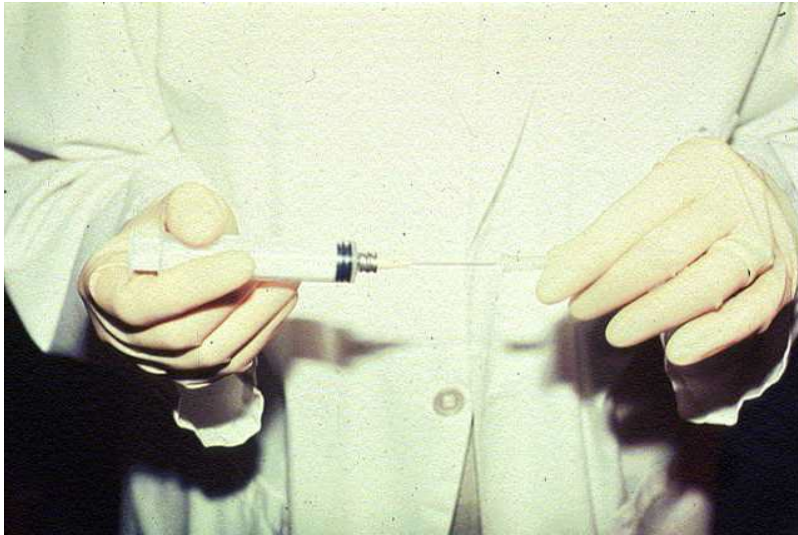




# Engineering Controls

## Sharps Use

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# Chemical Hygiene Plan

## Control Measures

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29 CFR 1910.1450(e)(3)(ii)

- Criteria that will be used to determine and implement control measures to reduce employee exposure to hazardous chemicals including:
  - Engineering controls
  - PPE and hygiene practices
  - Control measures for chemicals that are known to be extremely hazardous

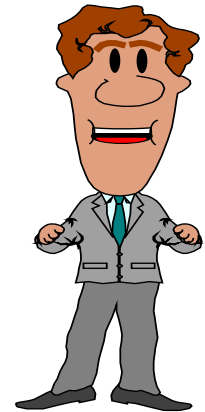




# PPE and Hygiene Practices

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- What is the employer's position on providing PPE at no cost?
- What are the employer's requirements for PPE?
  - **What** PPE is required (eye protection, hand protection, etc.)?
  - What **type** of PPE (goggles vs. face shield, nitrile vs. butyl gloves, etc.)?
  - **Where** is it required?
  - **When** is it required?
- Contamination and laundering considerations

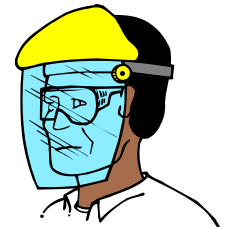


# PPE and Hygiene Practices

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- **PPE**

- Hand protection
- Eye/face protection
- Skin protection
- Foot protection



- **Hygiene**

- Wash hands
- Never eat, drink, ... in lab



# Why we need the right glove...

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Dartmouth Researcher

**Karen Wetterhahn**  
1948-1997



# PPE

## Hand Protection

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- What material is best in glove selection?
  - Low permeation rate
  - High breakthrough time

**The amount of a chemical (steady state flow or highest flow) which is passed through a given area of glove material per unit time (mg/m<sup>2</sup>/sec)**

**The elapsed time from initial contact of the chemical to the outside of the glove to the first detection of the chemical on the inside glove surface**



# PPE

## Hand Protection

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- **Keep in mind...**

- Temperature need greater protection
- Double glove = quadruple duration of protection
- Solubility of chemical in the glove material

- **Remember...**

- No “impermeable glove”
- No one glove material works for all chemicals
- For certain chemicals, no glove available which will provide > 1 hour protection





# PPE

## Hand Protection

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- What other factors are important?
  - Resistance to physical damage
  - Flexibility
  - Heat resistance
  - Incompatibilities







# PPE

## Hand Protection

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- Resources for glove selection
  - Glove manufacturer
  - MSDS's
  - “Prudent Practices in the Laboratory”
- Web sites



[www.bestglove.com](http://www.bestglove.com)

[www.superiorglove.com/product.review/index.htm](http://www.superiorglove.com/product.review/index.htm)

<http://www.ansellpro.com/specware/index.asp>

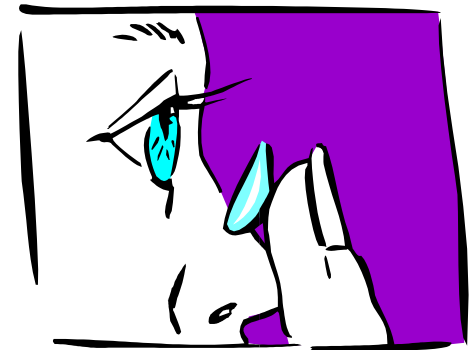


# PPE

## Eye and Face Protection

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- Various types of eye protection in order of increasing effectiveness:
  - Ordinary spectacles
  - Safety glasses with side shields
  - Protective goggles
  - Face shields
  - Head shields, which protect all of the head and throat
- What is the company's policy on contact lenses?



# PPE

## Skin Protection

**ATTENTION**

**Lab coats must be worn when working at benches**

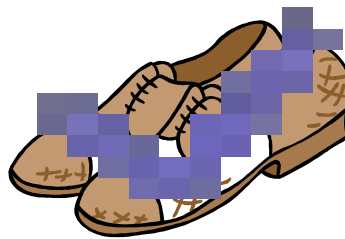




# PPE

## Foot Protection

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# Hygiene Practices

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# Hygiene Practices

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## Ingestion



## Contamination





# Chemical Hygiene Plan

## Control Measures

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29 CFR 1910.1450(e)(3)(ii)

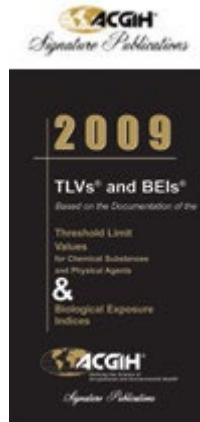
- Criteria that will be used to determine and implement control measures to reduce employee exposure to hazardous chemicals including:
  - Engineering controls,
  - PPE and hygiene practices,
  - Control measures for chemicals that are known to be extremely hazardous



# Extremely Hazardous Chemicals

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- What is an extremely hazardous chemical?
  - Resources for finding what is an extremely hazardous chemical:
    - » ACGIH TLVs, NIOSH, etc.
    - » Genium “Right to Know Pocket Guide for Laboratory Employees”
    - » Van Nostrand & Reinhold “Condensed Chemical Dictionary”



# Extremely Hazardous Chemicals

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- What are the specific **control measures** in place for these chemicals?
  - Chemical procurement
  - Safe handling practices
  - Description of PPE
  - Air monitoring
  - Emergency eyewash/shower facilities
  - Working alone



# Chemical Hygiene Plan 29 CFR 1910.1450(e)(3)(iii)

## Fume Hoods/Other Protective Equipment

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- Specific measures to ensure that fume hoods and other protective equipment are functioning properly and are maintained
- How often do you test / inspect to verify flow rate and other parameters?





# Chemical Hygiene Plan

## Information and Training

29 CFR 1910.1450(e)(3)(iv)

- Provisions for employee information and training refer to paragraph (f) of the lab standard
- **For example:**
  - When will training be provided?
  - Who will provide the training?
  - How will the training be implemented (format)?
  - What will the training include?





# Chemical Hygiene Plan

## Prior Approval

29 CFR 1910.1450(e)(3)(v)

- Circumstances under which a particular lab operation, procedure, or activity requires prior approval from the employer
- Describe when a particular laboratory operation requires prior approval
  - Non-routine tasks that may introduce additional hazards into the workplace?
  - New methods, analysis?





# Chemical Hygiene Plan

## Medical Consultation

29 CFR 1910.1450(e)(3)(vi)

- Provisions for medical consultation and medical examinations in accordance with paragraph (g) of the lab standard
  - Each employee entitled, Why/for what reasons?
  - At no cost
  - Without loss of pay
  - At a reasonable time and place
  - Where? When? Who?





# Chemical Hygiene Plan

## Chemical Hygiene Officer

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29 CFR 1910.1450(e)(3)(vii)

- Designate who is responsible to implement plan
  - May use a committee
    - » A Chemical Hygiene Officer must be qualified by training or experience, **and**
    - » To provide technical guidance in the development and implementation of the provisions of the CHP.





# Chemical Hygiene Plan 29 CFR 1910.1450(e)(3)(viii)

## Particularly Hazardous Substances

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- Provisions for additional employee protection for “select carcinogens”, reproductive toxins, and substances with a high degree of acute toxicity.
  - Establish designated area
  - Use of containment devices
  - Disposal/removal of waste
  - Decontamination procedures



**Note:** This section with (e)(3)(ii) regarding extremely hazardous substances, and (e)(3)(iv) regarding prior approval may all be combined in the CHP.

# Chemical Hygiene Plan

## Review

29 CFR 1910.1450(e)(4)

- Review **AND** evaluate the effectiveness of the Chemical Hygiene Plan at least **annually** and update as necessary





# Objective 3

## Information and Training

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29 CFR 1910.1450(f)

- **Purpose**

- To ensure employees are apprised of the hazards of chemicals in their work area



- **When**

- Initial assignment
- Prior to assignments involving new exposure situations
- Frequency of refresher training TBD by the employer

# Employee Information

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29 CFR 1910.1450(f)(3)

- Contents of standard and appendices; shall be made available
- Location and availability of Chemical Hygiene Plan
- The **PELs or RELs** (NIOSH) for substances with no OSHA PEL

Informed of What?



# Employee Information

29 CFR 1910.1450(f)(3)(iv)-(v)

- **Signs and symptoms** associated with exposures to chemicals used in the laboratory
- Location and availability of **reference materials** on hazards, safe handling, storage and disposal, **BUT not limited to MSDSs!!**







# Employee Training

29 CFR 1910.1450(f)(4)

- Methods and observations to **detect presence or release** of hazardous chemical
- BOTH **physical** and **health** hazards of chemicals used
- **Methods to protect** from hazards inc. specific procedures, work practice, emergency procedures, and PPE

**Training shall include WHAT?**



# Employee Training

29 CFR 1910.1450(f)(4)(ii)

- The **applicable details** of the employer's written **chemical hygiene plan**, which includes:
  - Standard operating procedures
  - Prior approval protocols, and procedures for handling select carcinogens, reproductive toxins, and substances with a high degree of acute toxicity (particularly hazardous substances).



# Medical Consultation and Medical Examinations

29 CFR 1910.1450(g)(1)

- All employees must be provided with an opportunity to receive medical attention, including any follow-up examinations, under the following circumstances:





# Medical Consultation and Medical Examinations

29 CFR 1910.1450(g)(1)(i)-(ii)

- An employee **develops signs or symptoms** associated with chemical
- **Exposure monitoring reveals an *exposure level routinely above*** the AL or PEL
  - For an OSHA regulated substance for which there are exposure monitoring and medical surveillance requirements
  - Follow the procedure as prescribed by the particular standard





# Medical Consultation and Medical Examinations

29 CFR 1910.1450(g)(1)(iii)

- Whenever **an event** such as a spill, leak, explosion, or other occurrence **resulting in exposure**



Also when...



# Medical Consultation and Medical Examinations

29 CFR 1910.1450(g)(3)(i)-(iii)

- Identity of chemical
- Description of conditions (inc. quantitative exposure data, if available)
- Description of signs and symptoms

Information provided to the physician



# Medical Consultation and Medical Examinations

29 CFR 1910.1450(g)(4)(i)-(ii)

- Physician's written opinion shall include:
  - Any recommendation for medical follow-up
  - Results of exams/tests
  - Any **medical condition** revealed that may **increase risk** as result of exposure to chemical
  - A statement that the employee has been notified of findings
  - Shall **NOT** reveal any specific findings unrelated to occupational exposure





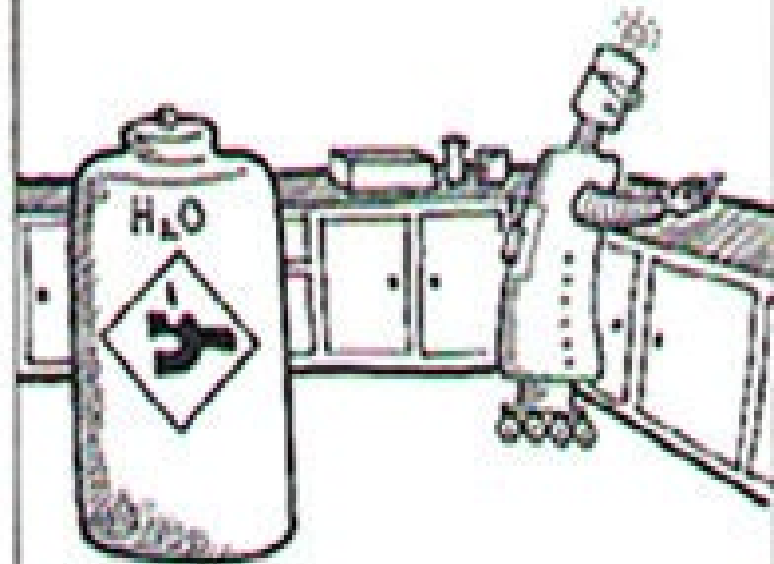
# Hazard Identification

29 CFR 1910.1450(h)

SAFETY LABELS - 1996



SAFETY LABELS - 2096



© 1996 FSC

# Hazard Identification

29 CFR 1910.1450(h)(1)

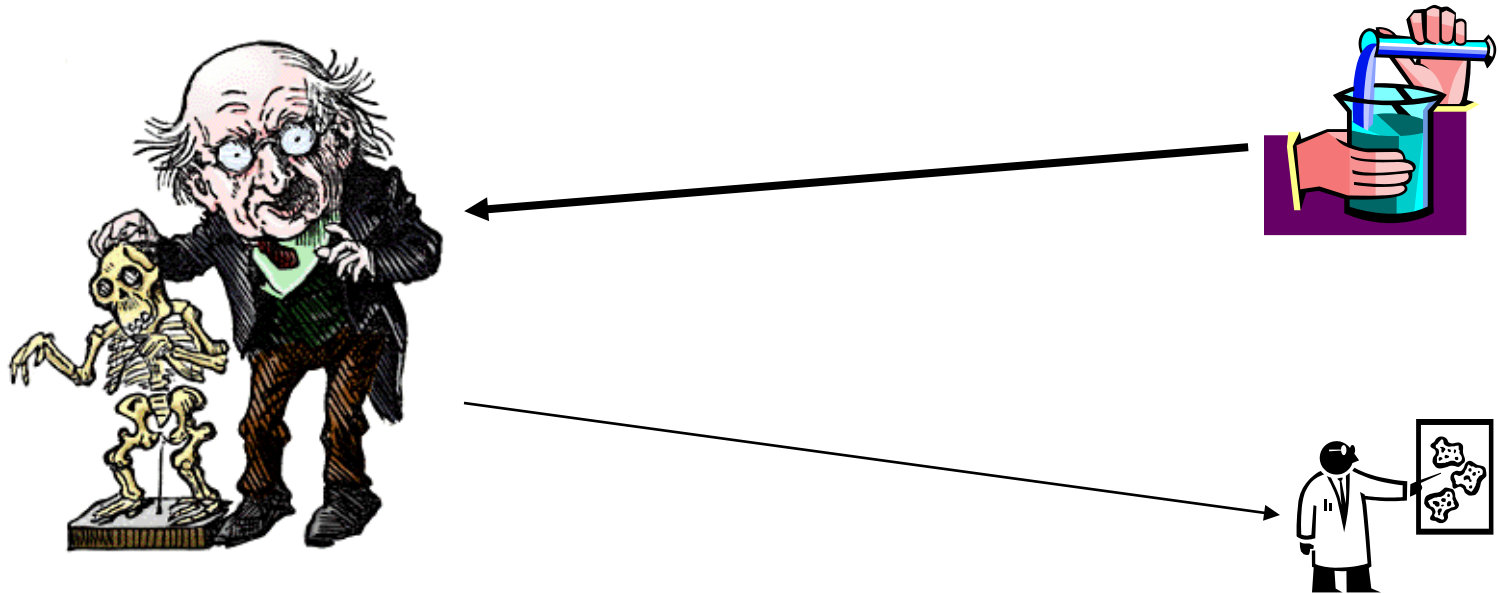
- With respect to labels and MSDSs
  - Employers shall ensure that labels on **incoming** containers are **not removed or defaced**
  - Employers shall maintain any MSDSs received on **incoming** chemicals and ensure that they are readily accessible



# Hazard Identification

29 CFR 1910.1450(h)(2)(i)

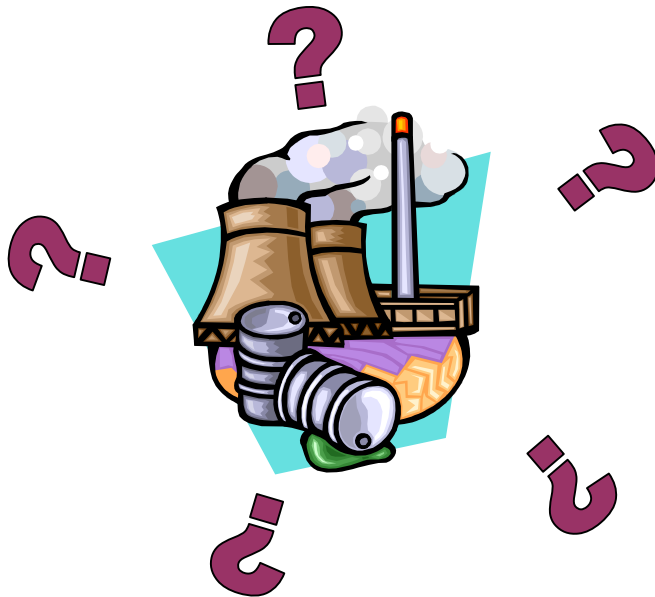
- For chemicals developed in the lab
  - If chemical is produced exclusively for the lab's use, and the composition is known, the employer shall provide appropriate training as required by paragraph (f)



# Hazard Identification

29 CFR 1910.1450(h)(2)(ii)

- For chemical developed in the lab
  - Chemical produced is a byproduct whose composition is not known, assume hazardous, and implement paragraph (e) (Chemical Hygiene Plan)



# Hazard Identification

29 CFR 1910.1450(h)(2)(iii)

- For chemical developed in the lab
  - If chemical is produced for another user **outside** of the laboratory, the employer shall comply with the Haz Com standard (1910.1200), including the preparation of MSDSs and labeling





# Use of Respirators

29 CFR 1910.1450(i)

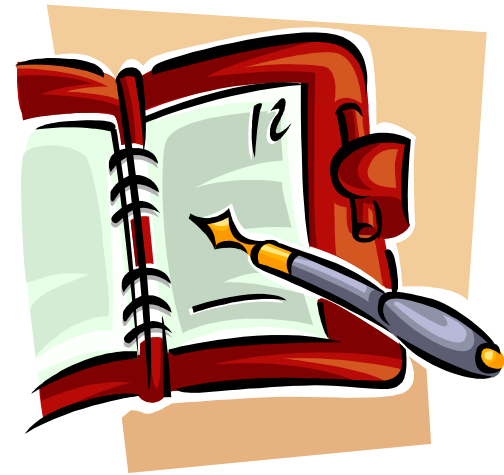
- Where the use of respirators is necessary to maintain exposures below the PELs, the employer must **comply with** the requirements in the **respiratory protection standard, 29 CFR 1910.134**



# Recordkeeping

29 CFR 1910.1450(j)(1)-(2)

- The employer shall establish and maintain an accurate record of any exposure monitoring **and** medical consultation/ examination
- Employer shall ensure records are kept per 1910.1020
- Employment plus 30 years





# What else do we look for, and Why?

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# What else do we look for, and Why?

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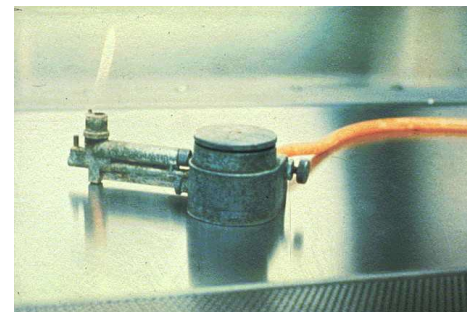
- Please ask for additional information, if interested.
- I only included a few extra slides due to the limited time of the presentation.



# General Handling and Storage of Flammable Chemicals

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- Never heat with an open flame
- Do not expose to sources of ignition (electric motors, bunsen burner flames, etc)
- All containers must be labeled
- Beware of static electricity...



# General Handling and Storage of Flammable Chemicals

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- When dispensing flammable liquids (metal to metal), the dispensing container and safety can must be well grounded and bonded



# Specific Hazards of Organic Peroxides

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- **Explosive chemicals**

- Some types of peroxides can be handled with relative safety, an insidious and treacherous hazard concerning peroxides is their formation from certain classes of compounds **AFTER exposure to air**

- » **Examples:**

- 1,4-dioxane, ethyl ether, isopropyl ether, THF, tetralin, cyclohexane, decalin

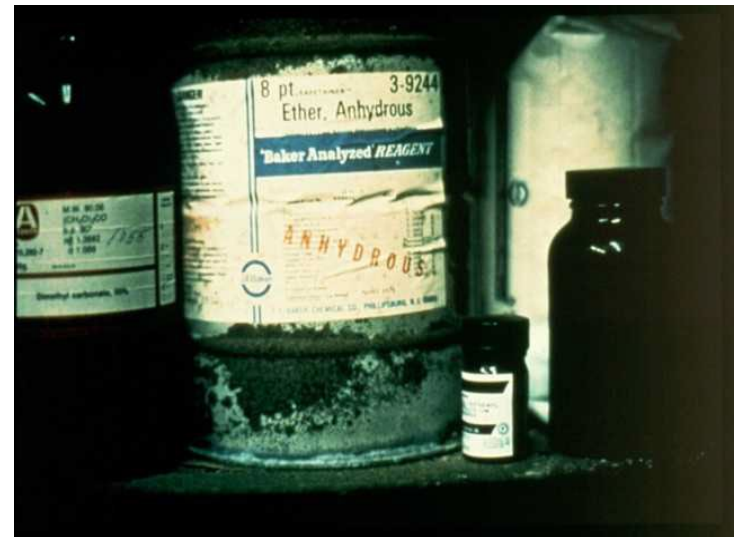


# Specific Hazards of Ethers...

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- **Explosive chemicals**

- Ethyl Ether preferably stored in metal cans
  - » Inhibited grades can be used longer - no more than 6 months
  - » Pure, non-inhibited - dispose w/in a few weeks of exposure to air

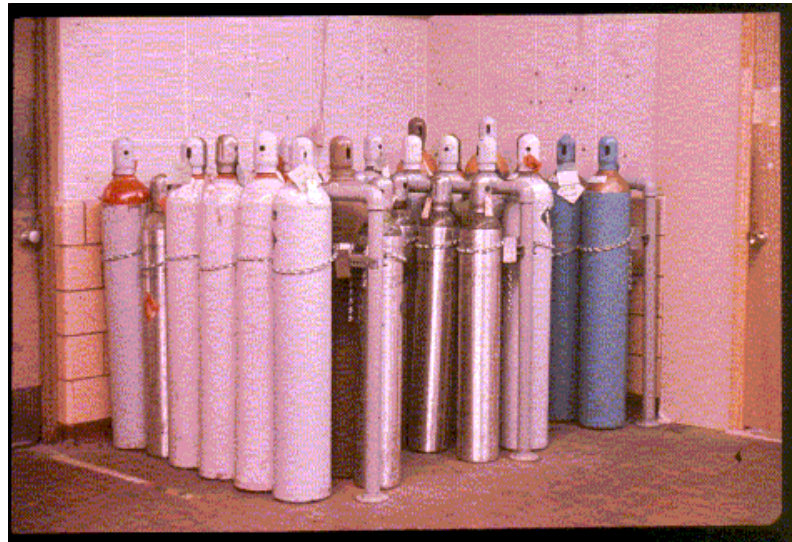




# Other Hazards: Compressed Gases

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- Protective caps should be kept on cylinders when not in use
- Secured by straps, chains, or stand (more than halfway up the cylinder)

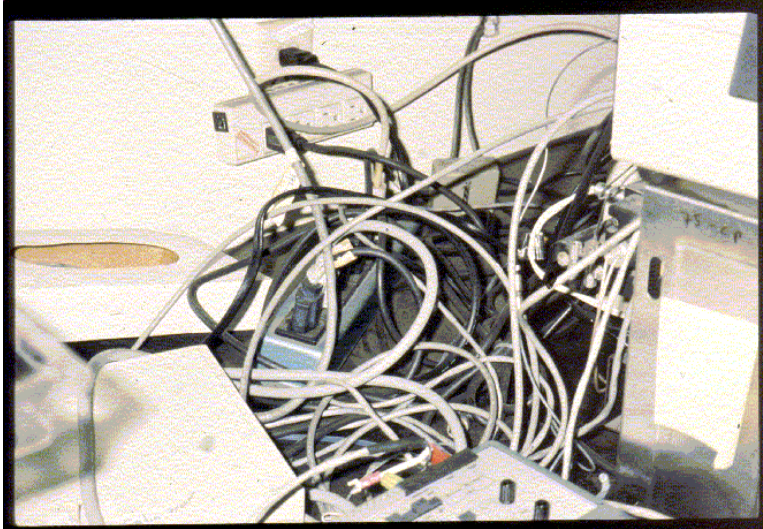




# Other Hazards: Electrical Safety

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- Grounding
- Protect from static electricity
- High voltage equipment caged or completely insulated



# Other Hazards: Radiation Safety and Lasers

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# Other Hazards: Biological Safety


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FRANK AND ERNEST / BY BOB THAVES



# Other Hazards: Biological Safety

- Containment
  - Biosafety Levels (1,2,3,4)
- Who's on First?



**BIOSAFETY LEVEL**

Biohazardous Agents: \_\_\_\_\_

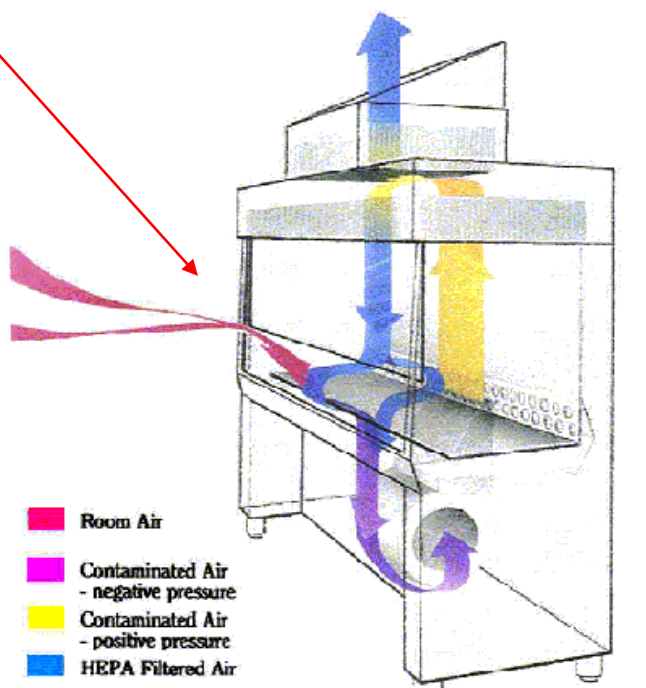
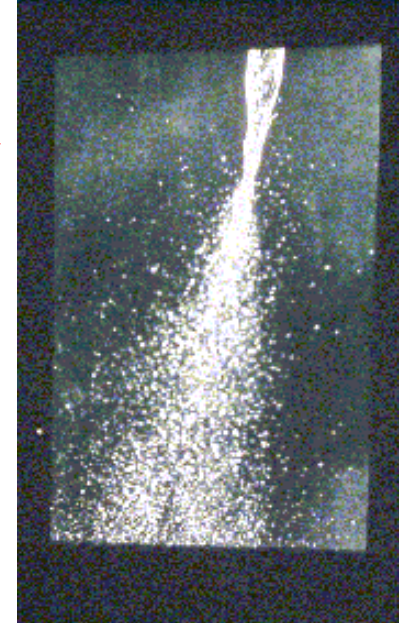
Special Procedures or Precautions for Entry: (Bldg. \_\_\_\_\_ Room \_\_\_\_\_ Date Posted \_\_\_\_\_)

Notice	Call or See	Bldg.	Room	Work Phone	Home Phone
Entry or Advice					( )
Emergency					( )
Emergency					( )



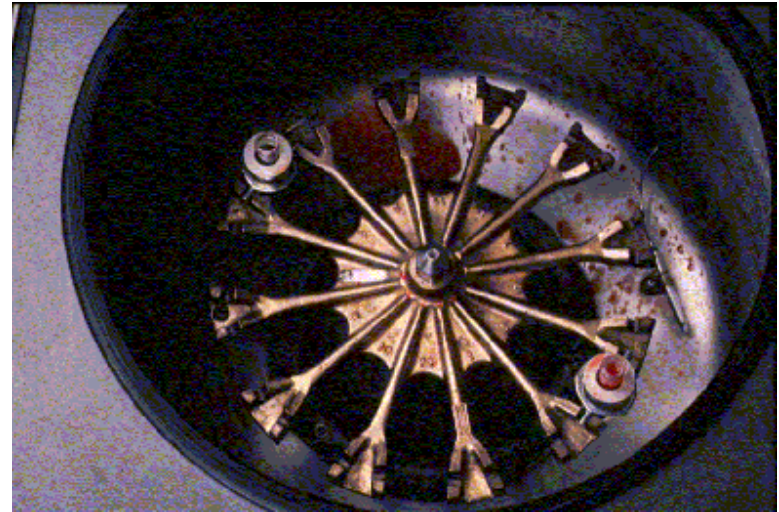
# Other Hazards: Biological Safety, cont'd

- Pipetting safety
- Biosafety cabinet





# Other Hazards: Centrifuge Safety



# Thank You For Attending!

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## Final Questions?

**1-800-NC-LABOR**

(1-800-625-2267)

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